

Volume 27, No. 2, February 1995

# CAROLINA COUNTRY

Official publication of Carolina Electric Cooperatives

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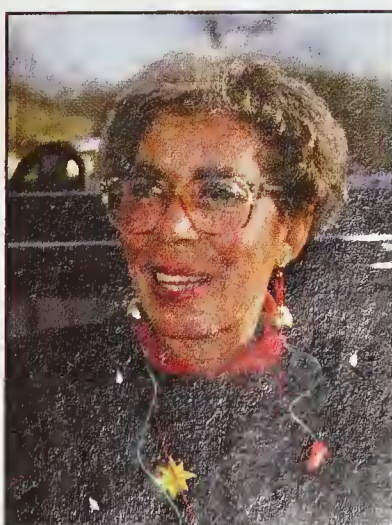
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Charity Gambill, at rest for a moment in Alleghany County. Photo by Barbara Neaves Farmer.

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## Our View

# Welcome to the Rural Utilities Service

By Bob L. McDuffie



An old saying states, "Change is the only thing that stays constant." One change that has recently occurred has been nearly 60 years in the making. All members and employees of rural electric cooperatives are familiar with "the REA." The REA, or Rural Electrification Administration, has always been the banker for electric and telephone cooperatives, and at various times has played the role of financial consultant, engineering consultant, accounting consultant and several other roles for these cooperatives. Some of our senior members still call Randolph EMC "the REA" or "the REA co-op." These terms were almost universally applied to the co-ops in the 1930s and 1940s.

Over time, cooperatives made an effort to distance themselves from REA. As the systems matured, we needed less oversight from REA. Political views also affected the relationship between the co-ops and REA.

The recent change that took place regarding REA was a name change and somewhat of a role change. The Rural Electrification Administration has become the Rural Utilities Service (RUS). This change consolidates the electric, telephone, water and sewer facilities programs that are supervised by the federal government under the wing of one organization.

The change comes as the U.S. Department of Agriculture tries to streamline itself. The Department of

Agriculture has been around for 130 years. Department officials predicted that changes in USDA will result in cuts of 11,000 employees and will save taxpayers \$3.6 billion over the next five years. REA was established within USDA as a lending agency in 1936 by passage of the Rural Electrification Act. The law was amended in 1949 to provide for a rural telephone lending program.

The RUS will oversee its programs in the hopes of raising the quality of life in the United States. The plan is for the new organization to do this more efficiently than the array of organizations that have had these responsibilities in the past. In addition to the electric, telephone, water and sewer oversight, RUS will run the Distance Learning and Medical Link grant program formerly handled by REA.

Rural development loans will not be handled by RUS but will be shift-ed to the new Rural Business and Cooperative Development Service.

I foresee no real difference in the relationship between electric cooperatives and RUS compared to the relationship we had with REA. We have a good working relationship with the people there, and we will be working with the same people to a large extent. ☺

*Bob L. McDuffie is executive vice president and general manager of Randolph Electric Membership Corporation, Ashboro. He is also on the board of the National Rural Electric Cooperative Association.*



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*Charity, n, 1 benevolent goodwill toward or love of humanity 2 a: generosity and helpfulness esp. toward the needy or suffering; also: aid given to those in need b: an institution engaged in relief of the poor c: public provisions for the relief of the needy 3 a: a gift for public benevolent purposes b: an institution (as a hospital) founded by such a gift 4: lenient judgment of others.*

*Webster's Ninth New Collegiate Dictionary*

# She is CHARITY

By Kim Whorton

Webster's defines "charity," and as far as the definition goes it all applies to Charity Gambill. She is indeed a gift to Alleghany County, and an institution there as well.

But definitions of the word don't go far enough.

The words do not define her beauty, her dignity, her tireless devotion to her community. You have to see her and work with her to understand all that. Anyone who sees her and works with her will never forget her.

Charity's day usually begins when she rises at 4 a.m. She'd be slacking off if she were to begin at 4:15. Then after a full day's work in Sparta, she shows up at one or more meetings that last well into the evening. She's ready to rest about midnight each night.

A tall, attractive woman, Charity Gambill, 53, has been a source of leadership and positive change in the northwestern county of Alleghany for more than 25 years. Ask anyone in the county about Charity, and you'll likely hear some story about how the place might just fall apart if it weren't for her generosity.

Charity knows from her own experience how one person's help can affect another's life. Her home burned when she was a young girl, and her family lost everything. She remembers

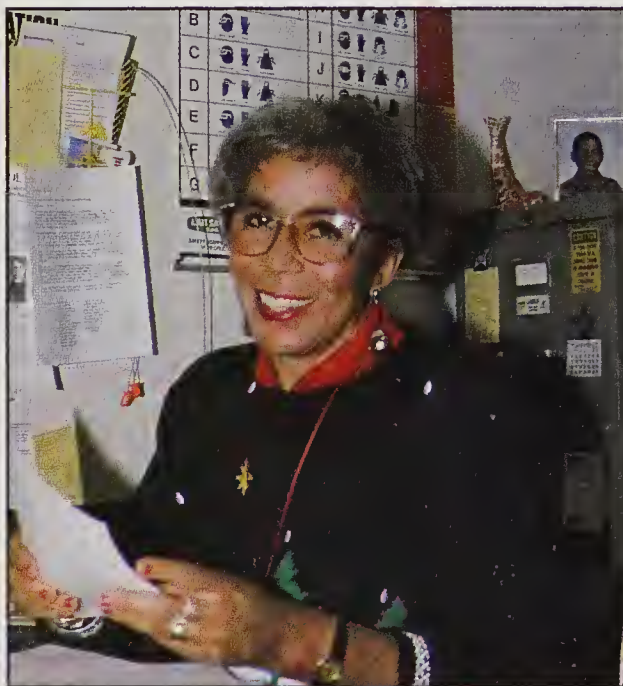
Melvin Miles, a special family friend and teacher who now lives in Mount Airy, who after the fire launched a campaign to get the family back on its feet by supplying clothes, furniture and other necessities. Neighbors responded, and Charity has never

forgotten the outpouring of kindness and what it meant to her and her family.

Her friend Melvin also was there when her marriage ended and Charity was at loose ends. "Melvin was the one who suggested I take a first aid course, just to have something to do," Charity said. "And that's really where my community work all began."

The first aid course grew into what is now one of the finest rescue operations of any rural community in the state. Charity Gambill is a charter member of the Alleghany County Rescue Squad she helped organize 25 years ago.

The list of organizations that benefit from her dedicated spirit goes on: six terms on the board of the Blue Ridge Electric Membership Corporation, the board of a group home sponsored by the New River Mental Health Agency, the Special Olympics program, economic development and long-range planning for Alleghany County. Although afflicted for the last eight years by the occasionally debilitating disease lupus, Charity has not slowed down. Rather, she founded the Lupus Support Group for Alleghany and Ashe counties.



"To me, a smile, a handshake, a pat on the back is honor enough."



And after her son, Monroe, died in 1989, Charity helped form a bereavement support group.

Most important, however, is Charity's work on behalf of education and the children in her county. Reared in segregation, Charity rode a bus 60 miles each day to attend high school in Wilkes County, because there was no high school for the black students in Alleghany. Eventually she dropped out of high school. Now the high school dropout, former school bus driver and cafeteria worker chairs the Alleghany County Board of Education, providing leadership and vision for the rural school system.

## The 1994 Reynolds Award

Charity Gambill recently received a Nancy Susan Reynolds Award for personal service, recognizing her hard work and accomplishments. The Nancy Susan Reynolds Awards—widely believed to be the only awards of their kind in the country—are given annually by the Z. Smith Reynolds Foundation to North Carolinians who have worked without recognition and outside the mainstream of existing organizations. Each award is accompanied by a grant of \$25,000, of which \$20,000 is designated to charitable organizations chosen by the recipient, and \$5,000 goes to the recipient.

The award honors Charity's lifelong commitment to helping people. It also shines on her charisma, strong will and big heart. A mention of the Nancy Susan Reynolds Award draws a sigh and a big smile from Charity.

"It's hard to describe the feeling," she said softly. "You really feel overwhelmed and humbled to think that something that you've really enjoyed doing, helping people, is recognized. You never expect to get anything for it; I don't do it for that. To me, a smile, a handshake, a pat on the back is honor enough."

More than 100 citizens of Sparta and Alleghany County drove to the Nov. 19, 1994 Reynolds awards ceremony in Chapel Hill to pay tribute to Charity. It was a massive show of support.

"When I got there that day I looked out over the crowd and asked everyone who made the trip from Sparta to please stand," Charity remembered. "And honest to goodness, half of those people stood up. And then I said to Tom Burgess [another public-minded Sparta citizen], I said, 'Tom, I'm really concerned with me and you both gone ... Who in the world is taking care of Sparta?'" She paused thoughtfully as she recalled this.

know how she does it but she does."

"You know she really is a legend," said Duane Davis, assistant superintendent for the Alleghany Schools. He serves with Charity on the Adult Day Activities Program board of directors. "We couldn't pay her for all she does for the citizens of this county. I personally can't thank her enough. She just never stops helping. We couldn't get along without her."

A mother of three daughters and a son, Charity lives with her mother, one of her daughters and a grandson. She works as the safety coordinator at Sparta Industries, a manufacturer of hand-crafted, pre-smoked pipes, including the Dr. Grabow and Mastercraft brands. Douglas Allen, president of Sparta Industries, speaks fondly of Charity and of her work at the factory and in the community.

"To understand how much the community thinks of Charity," said Allen, "you have to first realize that here's a woman who didn't finish high school. It says a lot that the citizens of Alleghany County think enough of her to elect her to the school board, and the other members think enough of her to elect her chair."

But Charity's community service is not the only thing that commands respect or draws people to her.

"Put aside the time she gives to the community and the good work she does here at Sparta Industries, and you find that above all else, she's just a nice person," said Allen. "You can count on your hand the days she's down. You can always go to Charity to get a little boost."

Charity is as proud of the people in her community as they are of her. "You just don't find people like the ones in Alleghany County," she said. "I'm lucky that I've managed to stay busy and involved."

She used her lunch hour

recently to go into town to be sworn in for her current term on the Alleghany Board of Education. "I keep saying this is my last time," she said. "But that's what I said last time. I keep on working because I still feel like I can make a contribution. I keep telling them, when it gets to the point that I don't feel like I'm making a contribution then I'll stop. Carefully. But not until then."



Photos by Barbara Neaves Farmer

*"Charity is so involved and so dedicated to each project that she takes on."*

— Gene Crouse, Alleghany Rescue Squad

"Everybody kind of laughed, and it just relaxed me, and I was able to go on and just speak from the heart. I don't guess I'll ever, ever forget that day."

Gene Crouse, captain of the Alleghany Rescue Squad, has known Charity for more than 25 years. "Charity is so involved and so dedicated to each project that she takes on," he said. "She gives each project 110 percent. I don't



# What does

**It's amazing  
what you can  
do with a  
computer and  
telephone  
these days.**



# TELECOMM

By Jane Hairston Romani

**W**hen Grant Parsons moved to rural northern Durham County, a stone's throw from the Granville County line, he found horse pastures, a pond and thick stands of trees. What he didn't find was cable television, newspaper delivery or a large pepperoni and mushroom from Domino's.

No matter. With today's communication technologies, Parsons, a reporter for The (Raleigh) News & Observer, has access to a wide range of information and services (except maybe pizza) right from home.

Using a personal computer and modem, Parsons can read the day's headlines over his morning cornflakes, retrieve up-to-the-

minute weather maps and information on lake levels for camping trips or exchange tips on carburetor tune-ups with other motorcycle enthusiasts.

"Being computer literate is a given for a newspaper reporter, but moving to a rural area intensified my use of the technology," says Parsons, a consumer-member of Piedmont Electric Membership Corporation. "You can download books and articles without going to the county library, read about job postings or things for sale, or access bulletin boards and newsgroups centered around your own particular interests. In fact, the longer you're at it, the more you realize how useful it really is."

## Getting connected

**S**o maybe you'd like to download today's newspaper, hunt for a job in Atlanta or Seattle, or chat with fellow gardeners about tricks for growing prize-winning perennials. How can you join the communications revolution?

First, you need a personal computer (PC), either an IBM or IBM-compatible or an Apple Macintosh. In recent years, PCs have become much faster, easier to use and best of all, cheaper. If you're buying your first computer, a computer dealer or electronics store can explain the different makes and models and help you to select the right one. While the final choice is up to you, a good rule of thumb is to buy more computer than you think you'll need, so that the machine will continue to serve you well if your needs expand (and they will!).

Next, you'll need a modem. Short for

modulator/demodulator, it's a device that converts digital data from a computer into analog or waveform data that can be transmitted over a telephone line. More simply, a modem translates the different types of electrical signals that computers and telephone lines understand so that the two can communicate with each other.

Modems are available in three common speeds: 2,400 bps (bits per second), 9,600 bps and 14,400 (sometimes written 14.4) bps. The speed of modem you select will depend on what kind of information you intend to access with it.

Purchasing a PC and modem will probably cost you in the neighborhood of \$1,500 and up—perhaps way up, depending on how much power and speed you want. Bells and whistles—like a color monitor—also can add substantially to the price. A good modem purchased separately costs about \$200.

Once you have your equipment, the next step is deciding what kind of connection you want. The simplest connection is

through a commercial provider, such as CompuServe, America Online or Prodigy.

The most basic function these commercial providers offer is global electronic mail, sometimes abbreviated e-mail. With e-mail, you can write and send a message that is stored until the recipient opens it, much like a letter that sits in a mail box until the mail is picked up.

Commercial providers also offer a wide variety of information and services: newsgroups, bulletin boards on specific subjects, electronic "catalogs" of products, and files you can load onto your computer (called downloading) such as games and software programs.

A second type of connection is a dial-in service, which not only offers these functions, but also connects you to a worldwide network of information called the Internet. A dial-in service provides a "shell account," which means that your home computer acts as a "dumb terminal" that connects to another computer with actual Internet access. You can explore those

*Second in the series "The Business of Electric Cooperatives." Next month: Changes in utility regulation.*

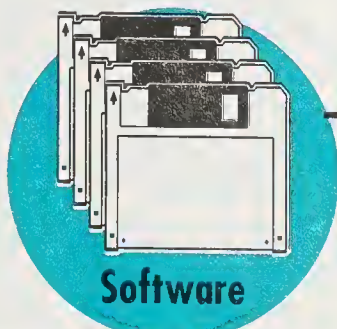




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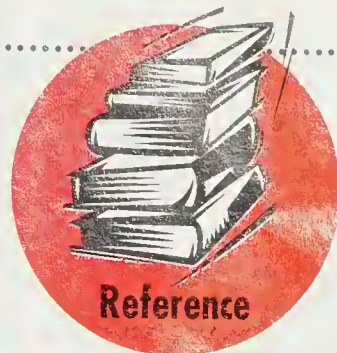
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# COMMUNICATIONS mean to you?

parts of the Internet that are accessible through a search utility called Gopher.

The third and most sophisticated type of connection is a PPP or SLIP account. This choice, which connects your home computer directly to the Internet, requires a faster, more powerful PC and modem. A search utility called Mosaic provides access to another part of the Internet called the World Wide Web, while offering an easy-to-use point-and-click interface. In addition, it enables you to view documents containing text, graphics and sound.

"The exciting thing about accessing the Internet is that it's a vast resource of information on almost any topic you can name," says Tom Lichty, author of "The America Online Membership Kit and Tour Guide" and "America Online's Internet." "Estimates vary, but there are probably 20 million people on it worldwide, many of them from academia. If you're interested in horticulture, for example, you might be able to find information on growing orchids from an expert in the field. It does take some time to learn how to maneuver, but if you're willing to invest that, it can pay off."

Depending on what type of connection you choose, costs will vary. On-line services, for example, generally charge somewhere between \$10 and \$30 a month for a

certain number of hours of use, plus a further charge for any time beyond that. Rural users may face additional costs for long-distance phone calls, if the number to which they dial in isn't in their local calling area.

## Working and running errands

Even if you're not interested in surfing the Internet, there are plenty of down-home uses for today's communications technology.

Telecommuting is one increasingly popular option, particularly for rural residents who face a long drive to their jobs. Telecommuters are employed by a company but work at least part of the time at home. With a PC and modem, they can send and receive inter-office e-mail, retrieve information from company files, write reports or handle other tasks just as if they were at the employer's site.

"From a business perspective, it allows the employer to lower costs by pooling office space, as well as reducing a company's environmental impact from employee commuting," says Tim Salapek, market development manager for telecommuting programs with Northern Telecom in Research Triangle Park. "From an employee's point of view, it cuts down on drive time, gives them flexibility to adapt their

work schedule to personal needs, and allows them to get more done without the distractions of office life. In fact, nearly every telecommuting study has shown an increase in employee productivity of 10 to 40 percent. As a result, more and more companies are offering or even mandating this option."

In addition to working at home, a PC and modem can give you the option of shopping at home as well. One southeastern grocery store chain, Winn Dixie, now allows customers in many of the areas it serves to order their groceries online. The customer reads an on-screen catalog of numbered items, types in the order and transfers it through the modem to Winn Dixie's order center. The center then faxes the order to the store nearest the customer's home. Clerks there fill the order, which is delivered to the customer. The service is available to subscribers of two commercial providers, America Online and CompuServe.

"For more than a year now, customers have been able to call in orders to their local store, and last fall we added the online option," says Ivan Hardesty, marketing director for the Raleigh division of Winn Dixie. "A lot of our customers really like the convenience of it."

Other retail services, such as banking, now beginning to offer online services as well. Centura Bank, which has branches in eastern North Carolina, is beginning to offer online banking to corporate customers. The bank is also offering major corporations to use its services for used busi-





nesses. After clearing certain security mechanisms, these customers can determine account balances, execute wire transfers and handle any other banking need.

Centura is looking now at expanding online access to retail banking, says Jim Evans, product manager for electronic delivery and alternative delivery at Centura: "Right now, we're working on overcoming some technical obstacles so that we can offer it to individuals as well as to businesses." ●

*Jane Hairston Romani of Durham is a freelance business writer specializing in technical fields.*

## The numbers

In a recent Consumer Reports magazine (November 1994), Consumers Union published advice and reported on testing of major brands of personal computers. Here is a summary of the advice on what to obtain for basic home computing and telecommunications.

- **Price:** \$1,200 to \$3,000
- **Speed:** 33 megahertz (minimum), 66 megahertz preferable. Or Apple PowerMac.
- **Processor:** 486 SX or 486 DX. The 486 DX/2 (about \$250 more) is upgradable to the new Pentium chip.
- **Monitor:** Super VGA, noninterlaced, 14-inch, at least .28 dot pitch.
- **Hard drive:** 200 megabyte (minimum), 300 megabyte (preferable). Or 250 megabyte Macintosh.
- **Fax/modem:** usually 2,400bps is pre-installed. 14,400 bps is fast (about \$100 extra).
- **RAM (random access memory):** 8 megabyte (minimum), 12 megabyte for desktop publishing.
- **CD-ROM (plays compact discs containing information):** double-speed CD-ROM drive, 16-bit soundcard. Requires 66 megahertz processor).

# How to divert power surges

By Susan R. Gilbert

**Y**ou can lock your doors, lock your windows, even turn on your security system. But you can't keep them out. And once they're in your home, they can wreck your telephones, televisions, VCRs, answering machines, computers and more. Who are these unwanted visitors? They're power surges, and unless you take measures to guard against them, your plugged-in electronic equipment is at risk.

Power surges, or "spikes," are brief, unpredictable increases in voltage that can enter your home through the power, telephone and cable television lines. Lightning is the most common culprit, but there are other causes: accidents involving power poles, birds and animals contacting power line equipment, a neighbor using large power equipment, and normal utility equipment operation. Also, surges can be generated from other household appliances that send additional voltage through the power line. Even very low indoor humidity can generate potentially damaging static electricity.

It's impossible to predict the frequency, intensity or duration of this type of electrical disturbance, but one significant surge a day is considered the norm.

While power surges certainly aren't a new problem, they pose more of a threat today because people have more sophisticated electronic equipment in their homes. With personal computers, the



## Surge suppressors

### Key Points

- **Most thorough:** whole-house suppressor, installed by an electrical contractor (\$100-\$500).
- **Point-of-use suppressors:** examine the warranty. \$25 and up.
- **UL rating:** look for UL 1449.

damage is especially noticeable and often more frustrating than with appliances. A split-second surge can damage your PC's processor, disrupt software, damage the hard drive, erase data, lock up the keyboard and knock out the printer and modem. And, if your computer is linked to an on-line service, you essentially double the danger of surge damage, since phone lines can carry power surges as well. Newer computers have power supplies designed to withstand wide variations in voltage, but they aren't invulnerable.

### Divert the surge

**Y**our best defense against power surges is to invest in surge suppressors for the equipment you want to protect. They provide an alterna-

tive pathway for electrical energy when excessive voltage suddenly appears on the power line.

The best, most thorough approach is to have an electrical contractor install a high-energy surge suppressor on your circuit breaker panel or electric meter socket. They are called whole-house suppressors and can withstand common voltage surges. The price range is \$100 to \$500, installed.

"Point-of-use" or "plug-in" suppressors are the most common type of surge protection for the home. They're designed to handle both low and high level surges at the point of use of a specific piece of equipment or appliance. They typically have up to six outlets and



either plug directly into the wall or look like a power strip. Many include telephone and cable outlets as part of the unit. You plug the suppressor into a wall outlet, then plug the computer, printer and companion units into the suppressor.

When you go shopping for a surge suppressor, it's worth spending a little extra money to buy a high-quality product rather than gamble with one that may or may not protect your equipment. Prices start around \$25, but the ones that combine good performance and sturdy design tend to sell for \$50 and up. Warranties range from one year to lifetime coverage. These days you can find surge suppressors in computer and electronics stores, hardware, office-supply stores, home centers and even large department stores.

Unfortunately, the electronics industry has never set official standards for surge suppressors. Anybody can put together a glorified extension cord and call it a surge suppressor. Consumer Reports magazine (November 1994) advises that at the very least you should consider ones that have earned the "UL 1449" rating from Underwriters Laboratories. This standard shows the suppressor can limit the maximum amplitude of transient voltage surges reaching your equipment to specified values. A good surge suppressor should also have an easy-to-use power switch and well-spaced outlets.

#### Common sense

So how do you decide the number of surge suppressors to purchase for your home?

It's a combination of economics and personal preference, really. Maybe protecting your computer and peripheral equipment, stereo and television with point-of-use suppressors is sufficient. (Who needs a \$50 suppressor for a \$15 toaster, for example?) The best protection is to have an electrical contractor install a whole-house protector AND to use point-of-use suppressors with the individual pieces of sensitive equipment in your home.

Regardless of your decision, remember that surge boxes offer protection, but not an iron-clad guarantee against power problems. They're useless against power failures and brownouts (for that, you'll need an uninterruptible power supply), and they do wear out over time. The only real way to ensure your electronic equipment is safe is to unplug it. And if there's a thunderstorm nearby, you might want to do just that. ●

Susan R. Gilbert is a freelance writer in Apex.

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Photos courtesy of Little River Press.

# The Goat Man rambles on

**D**o you remember the Goat Man? He traveled among small towns in North and South Carolina, into Georgia and Alabama, and elsewhere in the Southeast from 1930 until 1971. His iron-wheeled wagon clattered with pots and pans, car tags, lanterns and five-gallon pails. Hay bales dangled from the sides.

As many as a dozen harnessed goats of various breeds pulled the ramshackle wagon, and a few strong billys took up the rear to push the thing up hills and brake it going down. The lame goats and young kids hopped among them, too, or rode on board. They say the Goat Man could be smelled long before he was seen coming into town.

He would settle into a roadside camp or near someone's garage and make a fire from scraps of wood and trash. He would burn a tire that he'd found along the way so that its awful, stinging smoke kept off mosquitoes. He would heat some chicken and cabbage in a tin pot, milk a nanny and drink the milk, then talk to whomever gathered — local teenagers and curious parents, a newspaper reporter, town officials, and friends he made the last time through. He'd tell stories of his travels and preach the Gospel, then sell picture postcards of himself.

He didn't stay long anywhere except Jeffersonville, Ga., where he founded the Free Thinking Christian Mission in 1944.

When finally he quit traveling, he settled in at a nursing home in Macon, Ga. He is somewhere between 90 and 100 years old and has a lady friend at the nursing home about the same age.

His name is Charles "Ches" McCartney. He grew up on an Iowa farm, fled to New York City at age 14 and married a 24-year-old circus performer. He lost the Iowa farm during the Great Depression.

Inspired by Robinson Crusoe, he began traveling with his wife, son and the goats. His wife left him, but he reunited some years later with his son in Georgia. And, he says, he had two more wives.

Darryl Patton, an Alabama teacher of wilderness survival who collects stories about folk characters of the South, has compiled a book with lots of photographs, as well as a videotape about "America's Goat Man." During his research, he says, many people from North Carolina told him their recollections of the Goat Man.

One man recalled a 3-mile traffic jam between Hickory and Salisbury in the late 1940s. He was headed for the Lenoir Rhyne-Catawba College football game and didn't arrive until half-time because the Goat Man's slow pace had held up traffic. —MG

The book "America's Goat Man: Mr. Ches McCartney" is available in hardcover for \$23.34 postpaid. The 90-minute videotape costs \$34. Order them from Little River Press, P.O. Box 8481, Gasden, AL 35902.

Top photo: Charles McCartney and friends toured the rural Southeast.





# 1995 DIXIE DEER CLASSIC



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3, 4, & 5**

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**Three Day Admission - \$7 (Under 12 Free)**

*Friday*  
4:00 PM - 9:00 PM  
*Saturday*  
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*Sunday*  
9:00 AM - 5:00 PM

## SPEAKERS SCHEDULE

*Harold Knight* - of Knight and Hale Game Calls. Co-Host of Nationally Televised Show  
"Woods and Wetlands" **Friday, 7:00 PM; Saturday, 11:00 AM**

*David Morris* - Founder and Owner "North American Whitetail Magazine", author of  
"Hunting Trophy Whitetails" **Saturday, 12:30 PM; Sunday, 12:30 PM**

*James Kroll* - Nationally Known Whitetail Deer Biologist  
**Saturday, 2:00 PM; Sunday, 2:00 PM**

*J. Wayne Fears* - Noted Whitetail Deer Hunting Author and Expert  
**Saturday, 3:30 PM; Sunday, 11:00 AM**

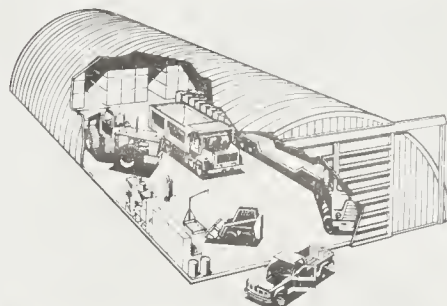
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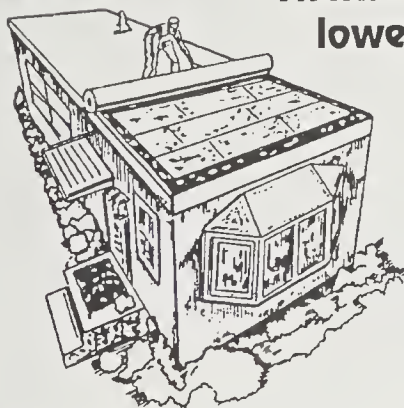
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"Blue Birds on a Winter Day"

## Folk art by Ann Bell

While she was raising her family in eastern North Carolina, Ann Bell knew that once the children were off to college, she would paint. As she approached 60 in 1989, she picked up a set of watercolors and painted her first picture. Now, five years later, she has done more than 300 paintings and is a very popular folk artist.

She sketches in pen and ink, then paints in watercolors. The scenes are those she remembers from her youth in Martin and Beaufort counties, including renderings of the cotton harvest, tobacco barns, fishing, wash day, and an old school house.

"When my kids grew bored with my stories of how it was when I was growing up," she says, "I started to paint them instead."

Ann Bell's studio is on Highway 264, nine miles east of Belhaven, at the intersection of Highway 45. Visitors can see a wide sampling of her work there. None of the original watercolors are for sale (they are in a private collection), but color laser prints are for sale, and they are very popular.

Signed, fine art prints of "Blue Birds on a Winter Day" and "Winter Wash Day" are available for \$45 each, plus \$5 for shipping and handling. The image size is 11 x 15 inches. Order them from Ann Bell, Rte. 1, Box 692, Belhaven, N.C. 27810. Phone: (919) 943-2059.



"Winter Wash Day"





David Cummings, 69, displaying a photo of his grandparents at Pembroke State University.



Prospect High girls basketball team, 1925.

The Lumbee people of North Carolina are the subject of a photographic exhibit on display at the Mint Museum of Art in Charlotte through March 12.

Photographs taken between 1870 and 1945 portray the heritage of the Lumbee, the largest Native

American group east of the Mississippi. Subjects include individual and group portraits, social gatherings, household and farm chores, spiritual and religious ceremonies, powwows and storytelling. Contemporary Lumbee gatherings and traditions are also featured in a 1994 photo essay by Lumbee photographer David Oxendine. The pictures are augmented by interpretative oral histories collected by Lumbee writer Barbara Braveboy-Locklear.

There is a great deal of mystery surrounding the origin of the approximately 42,000 Lumbee people of today. Archaeological records indicate a Native American population in their home base of Robeson County dating back over 14,000 years. Some believe they originate from Eastern Siouan tribes such as the Cheraw, Waccamaw and Saponi. Among the most fascinating theories, rich in oral history and with some evidence lending support, is that the Lumbees are descendants of the Hatteras Indians of coastal Carolina and Sir Walter Raleigh's infamous "Lost Colony" of 1587.

Lumbee adaptation to the white culture avoided the extermination that befell many native tribes. While the majority converted to Christianity, some Lumbees successfully maintained traditions and beliefs by going underground in the 1800s. Religion in the Lumbee community is an extremely important social force.

Lumbees were never nomadic. They have never been placed on a reservation or been wards of the state. For the most part, the majority of Lumbees still live among their tribal homeland of Robeson County.

The photos on display illustrate Lumbee success as tobacco

farmers, laborers, carpenters, teachers and lawyers. Periodic economic depressions instigated migration to jobs and settlement in such places as Baltimore, Detroit and Birmingham, Alabama.

Lumbee involvement in the armed forces dates back to the Revolutionary War and the War of 1812. North Carolina became

an increasingly closed society by 1835 when the state's constitution was amended to exclude all non-whites from voting or carrying firearms. As seen in an exhibition photograph of an army doughboy on leave, some Lumbees were able to pass as white men and resume service in the armed forces during World War I.

In 1885 the North Carolina legislature passed a bill giving Indians of Robeson County separate schools and designated them as Croatan Indians. Two years later, Croatan Normal School, the forerunner to Pembroke State University, opened its doors. Schools, like the church, became a vital force in the Lumbee community. A circa 1920 photograph at a "school breaking," an annual festival signifying the end of school, captures young Lumbee girls dancing around the Maypole. School breakings continued until the late 1950s.

In 1953, the name Lumbee was re-established (which originates from the Lumbee or Lumber River). Since the first petition to the United States Congress in 1888, there have been six bills introduced to federally recognize the Lumbee. The latest passed the House of Representatives in 1994, only to die languishing in a Senate Committee without a full vote.

The exhibit "Recollections: Lumbee Heritage" accompanied by a larger visual record of American Indian life, "Partial Record," is on display through March 12.

The museum hours are Tuesday 10 a.m. to 5 p.m., Wednesday through Saturday 10 a.m. to 5 p.m., and Sunday 12 p.m. to 5 p.m. For more information, call the museum at 704/735-2000.

# Lumbee people



A Lumbee soldier visits home during the World War I era.





**North Carolina  
news you can  
use.**



**The TOMATO Club**



*"Spirit of the Capitol" by Lenore DePree*

## A trail of Civil War sites

Public and private organizations interested in North Carolina's role in the Civil War have joined forces to form the N.C. Civil War Tourism Council, Inc. The purpose is to attract interest and visitors by linking with a trail system sites that have geographic and thematic connections. The council has become part of the The Civil War Trust and its Civil War Discovery Trail.

Endorsing the project, Gov. Jim Hunt said, "As pressure mounts to develop lands with historic battlefields, as well as the property surrounding them, the preservation work of your organization will become more and more important."

A statewide conference on the Civil War in North Carolina will be held April 21-23 in Durham, the town where the state's role in the war ended. For conference information, contact Division of Continuing Education, East Carolina University, (800) 767-9111.

For information about the N.C. Civil War Tourism Council, contact Gordon Clapp at (910) 892-8882.

## All about tomatoes

The Tomato Club has published a newsletter about tomatoes for almost three years. The 8-page newsletter is published six times yearly and contains articles about growing and eating the fruit, and about tomato growers, history, science, literature and fantasies.

Club membership costs \$12.95. Contact The Tomato Club, 114 E. Main St., Bogota, N.J. 07603.

## Help to restore the state capitol

Artist Lenore DePree has donated the copyright of a painting of the Raleigh State Capitol as a fund-raiser for restoring the National Historic Landmark.

Proceeds from the sale of prints of her painting, "Spirit of the Capitol," will benefit the State Capitol Society's restoration of the 1840 building. Reprints have been published as posters, note cards and signed prints. They are sold at the capitol itself and the Capital Area Visitor Center.

For information about the posters and prints, call the Capitol Administrator's office at (919) 733-4994.

## Free income tax helper for elders

Need help in preparing income taxes? Free?

American Association of Retired Persons (AARP) offers a free program, "Tax Aide," for older and low to moderate income taxpayers.

Volunteer counselors, trained by the Internal Revenue Service, are available Feb. 1 through April 15 each year at various community sites, such as schools, churches and senior centers. Counselors are trained with special emphasis placed on problems likely to be encountered by older taxpayers, some of whom may not be aware of special tax credits or exclusions to which they are entitled.

Those who need assistance should bring copies of their 1993 federal and state tax returns and forms, plus records for the 1994 tax year, including W-2 forms and other relevant materials showing income and expenses affecting their tax.

To locate the TaxAide site closest to your home, call your local IRS information office, listed under the "U.S. Government" section in your telephone directory.

If you would like to volunteer with TaxAide, there are many opportunities, including serving as counselors, instructors and coordinators.

For details or to volunteer, write AARP TaxAide, 601 E Street, NW, Washington, DC 20049.

AARP is the nation's leading organization for people 50 and older. It serves their needs and interests through legislative advocacy, research, informative programs and community services through a network of local chapters and experienced volunteers throughout the country.

## Access to 262 golf courses

Golfers and their friends may be interested in the 1995 Golf Privilege Card available from the American Lung Association of North Carolina, Eastern Region. The card comes with a \$40 donation and entitles the bearer to access to 262 golf courses in North Carolina, South Carolina and Virginia. The 11-year-old program added courses in South Carolina and Virginia this year.

Donations benefit the association's work in medical research, health education and advocacy related to lung disease.

Application forms are available from the ALANC Eastern Region, P.O. Box 1407, Greenville, N.C. 27835. Phone (800) 849-5949.



## Regional art for sale

The Southeastern Center for Contemporary Art in Winston-Salem has opened a Southeast Sales Gallery where visitors may buy art by regional artists.

Artists represented are Nancy Baker of Cary; Mary Dudley of Winston-Salem; Patricia Tobacco-Forrester of Washington, D.C.; Sam Gilliam of Washington, D.C.; Billy Ray Hussey of Robbins; Robert Johnson of Burnsville; and Joe Walters of Rock Hill, S.C.

The art in the sales gallery is considered affordable and suitable for display in homes. Artists will change periodically.

For information, call SECCA at (910) 725-1904.

## Understand your sea sickness

N.C. Sea Grant has published a new brochure about sea sickness called "Get a Grip on Ocean Motion."

The brochure describes the common malady and how to prevent and cure motion sickness by adapting, taking prescription or over-the-counter drugs, using acupuncture or changing your diet.

For a copy, write N.C. Sea Grant, Box 8605, N.C. State University, Raleigh, N.C. 27695-8605. Ask for UNC-SG-94-01.

## Maine mussels bound for North Carolina

A Maine seafood farm has begun marketing cultivated mussels in North Carolina.

Promoting them as low-cholesterol, low-fat, high-protein, low-cost treats from the ocean, Great Eastern Mussel Farms in Maine ships mussels to Harris Teeter, Winn-Dixie and Fresh Market groceries, among others.

Sales representative Terry Callery points out that these are not mussels seen in barnacle-covered, gritty harvests of shellfish, but are instead cultivated on the ocean bottom and soaked 24 hours in clean sea water. Great Eastern is the only North American harvester that farms mussels on bottom leases, he said.

Considered the most popular shellfish in Europe, mussels are catching on in the U.S. They are easy to use in recipes such as bouillabaisse, paella, stew and pasta sauces, and are enjoyed steamed, roasted, barbecue and cooked with other fish.

For information and recipes, contact Great Eastern Mussel Farms, P.O. Box 141, Tenants Harbor, Maine 04860. (207) 372-6317.



"Mr. Garrison's Slab Pile"

The Davidson County Museum of Art on Jan. 16 released a new poster of a Bob Timberlake painting to commemorate Timberlake's 25th year in the art world.

The poster shows his 1971 painting "Mr. Garrison's Slab Pile." It measures 21 by 30 inches. The first 100 will be signed and cost \$63.60, tax included. After the first 100, unsigned posters will cost \$21.20, tax included. A total of 750 have been published.

The posters are available only from the museum. Phone orders by credit card only will include a \$5 shipping charge.

Contact the museum in Lexington at (704) 249-2742.

## Albemarle-Pamlico estuary study is published

The Albemarle-Pamlico Estuarine Study, begun seven years ago as a means toward saving the 30,000-square-mile estuary of eastern North Carolina, has published its Comprehensive Conservation and Management Plan (CCMP).

The plan reflects comments and information provided by people and organizations of the region, as well as those who engaged in the scientific aspects of the study.

Available is a brochure that lists the objectives and recommended management actions, the full CCMP summary and its accompanying technical document. For copies or further information, contact APES at (919) 733-0314.

## Pregnancy, health and the working woman

The University of North Carolina schools of medicine and public health have developed a guide to help working women, their families and employers reduce reproductive health risks.

The U.S. Health Care Financing Administration projects that America's per-capita health-care costs will more than double in the 1990s, according to UNC, and most of the money will be spent on treating preventable diseases, many of which develop during pregnancy.

Childbirth is the single biggest component of health-care costs for many businesses, according to UNC health educator Salli Benedict.

The guide covers the spectrum of reproductive health, from the decision to have a baby to caring for the baby after re-entering the workforce. It shows companies how to set up classes, health fairs and counseling, create incentives and other activities for employees, and make changes in work environments to promote healthy babies and pregnancies.

For information about the guide, call Salli Benedict at the Center for Health Promotion and Disease Prevention at (919) 966-6090.

## Historical publications guide

The Historical Publications Section of the N.C. Department of Cultural Resources offers a free 1995 catalog of its publications.

The catalog includes longtime bestsellers on legends, lighthouses, Native Americans, the Civil War and historical markers, as well as publications about posters, maps, archival guides and other material. Several new titles

To request a catalog, contact Historical Publications Section (North Carolina Department of Cultural Resources), 109 East Jones St., Raleigh, N.C. 27601-2807. Phone: (919) 733-0314.





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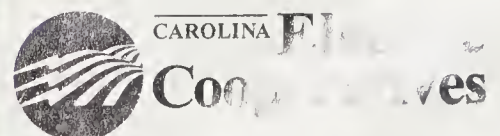
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# News of the Cooperatives

## Linemen training helps in rescue

Good training and quick response were the elements of success in a recent rescue of an injured hunter by two Four County EMC employees.

The hunter, David Sharp, was in a tree stand in the Malpass Corner area of Pender County trying to spot locations to put out corn to attract deer. The seat of his tree stand broke away and fell causing him to flip upside down and hang by his footstraps about 35 feet up in the air. Rescue personnel had no way to reach him. Sharp dangled upside down for nearly two hours and went into shock.

Stephen Batson and Jimmy Casteen, both first class linemen at Four County EMC, heard the call for help over their personal scanners, then gathered their climbing gear from the co-op office and headed to the scene. Together Casteen and Batson used their pole-top rescue training to climb the tree, secure the victim and lower him to safety.

Sharp suffered two broken legs and ankles.

"You train for this sort of thing and hope you never have to use it," Batson said of the rescue. "But it went just like clockwork. It couldn't have gone much better."

## Randolph EMC couple chosen as state co-op leaders

Kim and Arlen Johnson of Goldston are North Carolina's representatives to this year's Cooperative Leadership Conference. They represent the state's agriculture teachers and are sponsored by Randolph Electric Membership Corporation in Asheboro.

The Johnsons are vocational agriculture teachers, Kim at Northwood High School in Pittsboro and Arlen at Eastern Randolph High School in Ramseur.

In November, they attended the state leadership conference in Raleigh and heard presentations from, among others, Piedmont EMC General Manager Randy Brecheisen and Wake EMC Member Services Specialist Matt Vernon. This month they plan to attend the N.C. Cooperative Council's annual meeting in Raleigh, and in July they will go to the National Institute on Cooperative Education in Minneapolis.

Runners-up as the state's representatives included Jo Ann and Steve Uzzell, sponsored by Halifax EMC.

## Brunswick EMC grant program takes national prize

Brunswick EMC won a first-place national award for its two-year-old education grants program.

The National Rural Electric Cooperative Association will present a PEARL Award in the Youth category to Brunswick representatives at the national organization's annual meeting this month in Orlando, Fla.

The PEARL honors "the best, most effective community and political activism undertaken by a rural electric system."

Brunswick's mini-grant program this year awarded over \$15,000 in grants for special projects in local schools. Carolina Electric Cooperatives this year initiated a statewide education grants program, Bright Ideas, patterned after the Brunswick program.

## Caring in Robeson County

Randall Jones, assistant manager at Lumbee River EMC, chairs the Socio-economic Issues of Adolescent Sexuality work group in Robeson County. The group is studying ways to decrease teenage pregnancies through community education and service projects. The work group was appointed by the Partnership for Community Health of Robeson County.

## Linemen to the rescue.



Gerald Troyer switches on a new substation.

## 48-year employee opens Carteret-Craven substation

Gerald Troyer, an employee of Carteret-Craven Electric Cooperative in Morehead City for 48 years, recently pulled the switch that energized the co-ops new Laurel Road substation.

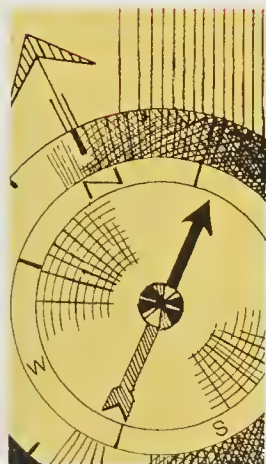
Troyer joined the 6-year-old co-op when he completed service in the U.S. Marine Corps at Beaufort in 1946. A friend working then at the co-op needed help, so Troyer said he could spare a few days. He's been there ever since.

"I started out staking and running lines, whatever needed to be done," he said. "Back then we were making 60 cents an hour but didn't get paid if it rained and we couldn't work."

He remembers that when power lines first went to rural Carteret and Craven counties, the churches were not metered. Women, he said, loved their new electric irons and "would get together and go to the church and have ironing parties!"



# Here, There and Everywhere



## Across North Carolina.

### 1995 Home Show

#### Feb. 3-4, Elizabeth City

Displays of what's new in the home building and furnishing business. Sponsored by the Northeastern N.C. Home Builders Association at Knobbs Creek Center, Friday 2-8 p.m., Saturday 10 a.m. - 6 p.m.

### Cat on a Hot Tin Roof

#### Feb. 16-19, Lumberton

Presented by Robeson Little Theatre. Tickets the night of the performance are \$6 for adults, \$3 for students, \$5 for senior citizens. Contact: Robeson Little Theatre, P.O. Box 613, Lumberton, N.C. 28359.

### Antique Show

#### Feb. 18-19, New Bern

Features 18th to early 20th century furniture, china, porcelains, ceramics, art glass, linens, silver, crystal, jewelry, rugs, toys, vintage apparel, maps, painting and prints. At the Sudan Temple. Proceeds benefit the restoration effort of Union Station in New Bern. Contact: Mary Osborne Conover, (919) 638-6817.

### Christmas Tree Show

#### Feb. 24-25, Boone

Over 40 exhibitors will display products and services. Workshops on a variety of topics. Featured speakers are NCTA President Keith Jacob and Charles Hall, agricultural economist at Texas A&M University. At Appalachian State University. Contact: Thiel Wilkie, (704) 262-5826.

### Festival of Quilts

#### Feb. 25-26, Lincolnton

Quilt show presented by Lincoln Quilters. Vendors, door prizes, demonstrations, raffle, bazaar. \$2 admission at Lincoln Cultural Center.



### Battle of Moores Creek Bridge

#### Feb. 25-26, Currie

Annual celebration at Moores Creek National Battlefield features a living history encampment with militia drills, cooking, weapons firing, colonial medicine and music demonstrations. Call (910) 283-5591.

### Dixie Deer Classic

#### March 3-5, Raleigh

15th annual event features shows of hundreds of deer heads, equipment, guides, seminars on trophy hunting, deer calls and rattling, and deer management. Specials guests are David Morris of North American Whitetail magazine, Harold Knight of Knight & Hale Game Calls, and acclaimed expert J. Wayne Fears. \$7 for three days. Contact Wake County Wildlife Club, (919) 782-5333.

## Ongoing

### SECCA shows

#### Winston-Salem

The Terrace Gallery at Southeastern Center for Contemporary Art through Feb. 26 displays "Jimoh's Honor," a mural created by 11 students from Bolton and Kimberly Park elementary schools based on the work of artist Jimoh Buraimoh. Through April 15, the Main Gallery exhibits "Civil Rights Now," showing American art from 28 artists commenting on 40 years of civil rights activism. Balcony Gallery shows "Kate Collie," a painting of nature, through April 2. And Potter Gallery through April 2 shows "Hope Sandrow," photos the artist produced while in residence in Winston-Salem last fall. Call (919) 725-1904.

### Southern Spring Show

#### Feb. 25-March 5, Charlotte

Features 10-room "Designer House South," crafts, shops, wine tasting, travel programs, workshops, an expanded fine arts pavilion and the largest ever competitive exhibit of the Bonsai Society of the Carolinas. \$7 admission. Contact: Southern Shows Inc., (704) 376-6594.

### Documentaries

#### Through March 31, Durham

"Projects and Photographs," by Wendy Ewald and "Clarity of Vision: The Journals of Dan Eldon," are featured at the Center for Documentary Studies at Duke University. Call (919) 681-8065.

### Dutch and Flemish Drawings

#### Through April 16, Raleigh

The North Carolina Museum of Art hosts an exhibition of drawings from the Windsor Castle collection of H.M. Queen Elizabeth II featuring a selection of Dutch and Flemish drawings and watercolors from the 15th through the 19th centuries. Call (919) 833-1935.



### New Maritime Exhibits

#### Through 1995, Beaufort

A decorative gangway board from the U.S. 74-gun ship, "North Carolina," 1820-1867, and small craft unique to North Carolina. At the North Carolina Maritime Museum, 9 a.m. to 5 p.m. weekdays, 10 a.m. to 5 p.m. Saturdays, and 1 to 5 p.m. Sundays. Phone: (919) 728-7317.

### Deadlines

Deadlines for submitting notices to "Here, There and Everywhere."

April issue .....February 25  
May issue .....March 25  
June issue .....April 25

We welcome photos and illustrations of upcoming events. Send notices to: Carolina Country, P.O. Box 1000, Raleigh, N.C. 27611.



# Joyner's Corner

by Charles Joyner



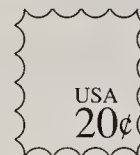
Message goes here.

1/1/95 Dēr Editor: Now that postag rāts hv bn incresd I hv dcided 2 sav 60% by rīting my JOYNRS CORNR colm on a poscard, lēvin out dubl lettrs 'n sum vowels, 'n usin ths smal typ font I bawt fr my cmputr. # (I'm sur U no that # mark mēns paragraf.) If I dont get my colm al on ths cd U wl find the rest under the microdot at th end. Just tak it 2 yr neres frendly CIA agent. Theyve ben usin microdots fr yrs 2 bēt the PO— 1 of the few xampls of savins in govt. I am thinkn of fīlin my ncum tax return under a microdot. The law requirs us 2 mak a ful report, but I dont think it says what sīz. # If U hv ny trubl rēdin ths, cal me—it wil b chēpr than rītin until u get yr ōn smal typ font. Dont 4get 2 corec my spelin 'n us larj typ 'n lots of wyte spās when U set ths up, sins U pā me spās rāts.# It is embarasin 2 run out of sumthin 2 sā b4 I run out of spās, but I am 0 if not sucinct.

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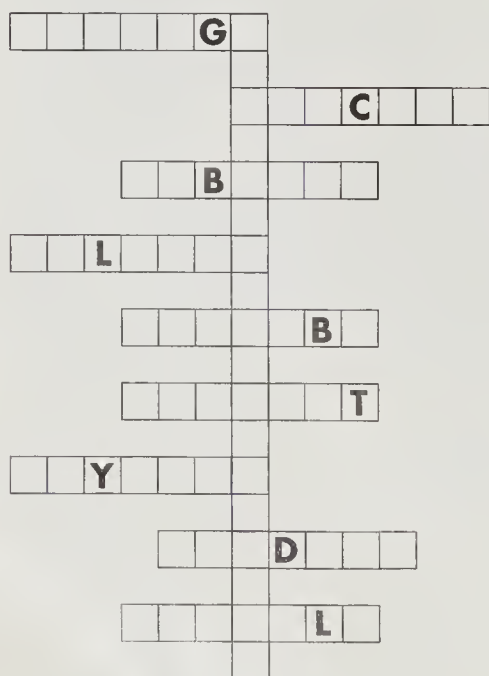
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Editor  
Carolina Country  
P.O. Box 27306  
Raleigh, NC  
27611

## Sign Design

Fill in the names of nine North Carolina counties on these signs. When you finish you will find the name of a 10th county spelled out on the sign post.



Answers on page 30



### Vacation Lament

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# Hank's Gardening Guide

by Hank Smith



**Winter days hint of spring as bulbs begin to show new growth and color.**

## Vegetable gardening

Vegetables grow best in full sunshine. They prefer well-drained soil in which there is not competition from roots of shrubs and trees. Now is the time to prepare soil in the vegetable garden by spreading three or four inches of organic matter over the entire plot and thoroughly mix into at least the top six inches of soil. Use such organic matter as compost, well-rooted manure, or peat. Late this month plant turnips, lettuce, English peas, spinach, onions, beets and radishes.

February days are few and short, but there's much to be done in the garden, when the weather permits. It is a time to prepare; unless we keep alert, the opportunity to do important chores will pass us by.

## Prune now

Major pruning should be completed before spring growth begins. Any needed pruning of evergreens and summer-flowering deciduous trees and shrubs should be completed. Do not prune spring-flowering plants such as azalea, spirea and flowering quince until after they flower.

When pruning, remove all dead, damaged or interfering wood within the interior of the plant. Overgrown shrubs should be pruned by removing stems all the way to the ground. Always make clean cuts with sharp tools. Leave no stubs to decay or to become insect infested. To encourage new growth and more abundant summer flowering, prune crape myrtles now. Clip off ends of branches, but do not destroy the beauty of the sculptured trunks and main stems. These add distinction to the winter landscape.

## Leave bulb foliage

While leaves of spring-flowering bulbs are ripening, they help to store food in the bulbs for next spring's blooms. They should not be removed until they have matured and turned brown. This ripening process goes on well into summer, and limp yellow-brown sprawling leaves are unattractive in the garden scene. Annual flowers planted among the bulbs can hide the unsightly leaves during their period of maturity.

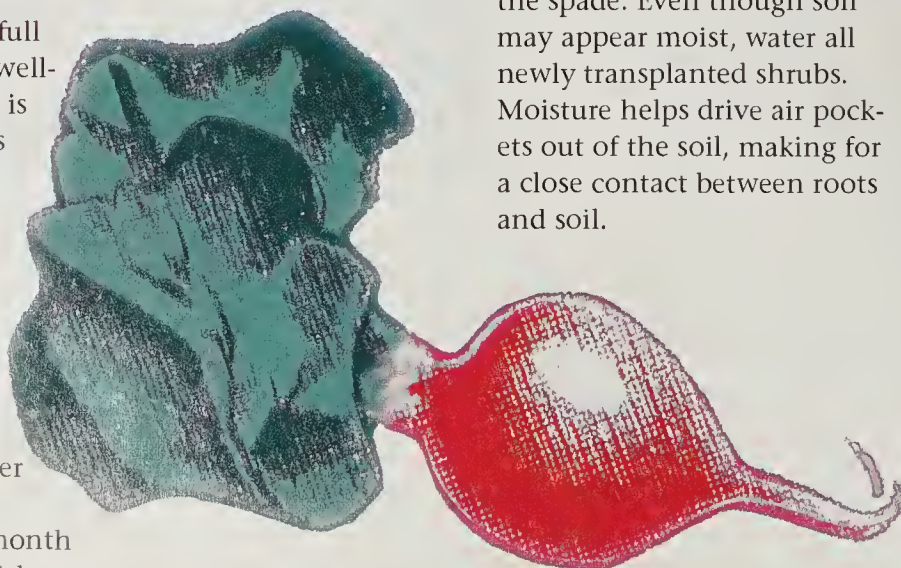
## Deciduous shrubs are easy to move

Deciduous shrubs (those that shed their leaves in winter) can be transplanted bare-root during the dormant season. They should be set approximately an inch deeper than they were growing in other areas of the yard or in the nursery row. If you dig your own, take care not to cut or scrape roots with the spade. Even though soil may appear moist, water all newly transplanted shrubs. Moisture helps drive air pockets out of the soil, making for a close contact between roots and soil.

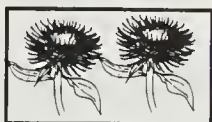
It's an ideal time to root dormant cuttings, start annuals, do last-minute dormant spraying, complete winter pruning, make a general clean-up, root houseplants, and complete planting of trees and shrubs.

## Late winter, early spring

1. Prepare to seed or reseed fescue lawns late this month or early March.
2. Protect plants from extreme cold by keeping them well mulched and watered.
3. Prune and plant roses.
4. Fertilize tulips and daffodils with 8-8-8 or 10-10-10 as tips begin to show color. Apply two pounds per 100 square feet.
5. Winter freeze damage shows as a reddish-brown color on leaves. Most plants will recover. Wait for new growth before doing any heavy pruning.
6. Draw up plans for the vegetable and flower gardens. Purchase seeds locally, or order via mail in the near future. Sometimes the supply is limited.
7. Put down pre-emergence crabgrass herbicide on lawns.
8. Cut back dead foliage of perennials and ornamental grasses.
9. When pruning, strive to maintain the natural form of a plant, unless it is used in a formal or "modern" situation.







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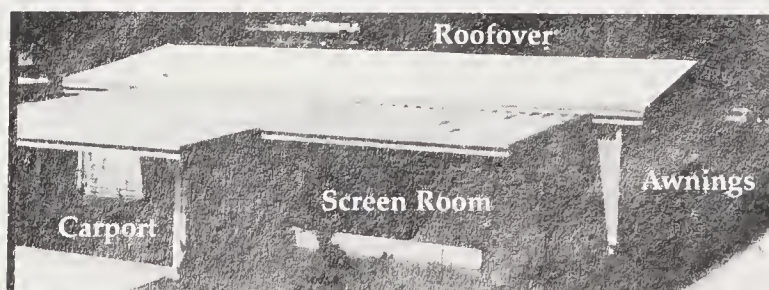
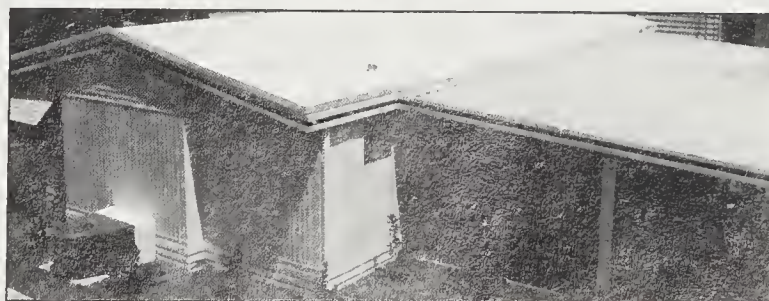
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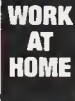


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## The name's the same: is it pure coincidence?

Indulge me, please, as I describe a pattern I've observed that has stirred my curiosity for years: People with the same name are often linked together somehow in strange and unexpected ways.

I could chalk it up to pure coincidence or the random-ness of the human experience but I yearn for a more orderly explanation. Barring that, it would be reassuring to know that someone else has seen these links as well. So, I'm bringing this up to find out if you've observed the same pattern.

Here are a few examples I've observed:

- In the Raleigh offices of Carolina Electric Cooperatives, where Carolina Country is put together each month, we have about 140 employees. Eight of them are Michaels, although most are called Mike. That's by far the most common name on the personnel roster, edging out Tom, which appears five times. Several other names show up in duplicate as well but only in twos and threes.

- One of those Michaels is Michael Gery, the magazine's editor, who figures in another example involving some of the employees. Mr. Gery and five other members of the Corporate Communications staff can count five duplicate names among them and members of their families: Monica Russell, the magazine's business and advertising coordinator, has a son named Michael and a sister-in-law named Cynthia. My wife is also a Cynthia, and my older daughter's name is Melissa Susan. Jay Johnson, the department manager, is married to a Melissa; Mr. Gery is married to a Susan. Jenny Lloyd, our secretary, has a daughter named Jennifer, and the magazine's advertising sales representative is Jennifer Boedart-Hoey.

- When my wife and I moved to Raleigh in 1973, she was a family relations specialist with the Extension Service at N.C. State University. The secretary for her three-employee department was a Cynthia, and they both worked regularly with yet another Cynthia, who was a family relations specialist at A&T State University in Greensboro.

- Our first set of Raleigh neighbors included four families in the same block that claimed three duplicate names: Two mothers named Camille, two daughters named Sharon and a mother in one family who had the same nickname as the father next door: Sandy

- My wife's extended family offers a variation on the pattern. She has a cousin who has been called Buddy since he was a child. After Cynthia married me and his sister married a fellow known as Buddy Owen, everyone in the family had to make a distinction between two Buddys and two guys named Owen.

Some of the eight Michaels I mentioned are from the same generation and that could account for some of the duplications. Names generally run in cycles of popularity, setting the stage for many of us to share a name in common with several classmates at school. But this can't explain most of the duplications I cited because the examples included people from a wide range of ages.

I'd like to hear from you if you can give me other examples of this puzzling pattern. I may use them in another column if you'll give me a call on our toll-free line: 800 662-8835 or drop me a note at P.O.Box 27306, Raleigh, NC 27611.

## Odd Kid Out

When I was in elementary school, I never had to worry about my teachers confusing me with another Owen in my class. I was the only Owen in the entire school as far as I knew.

As a matter of fact, for many years, I was the only Owen I'd ever heard of except my Dad, who was known as Bert. I was convinced that nobody outside the family knew his middle name was the same as mine.

All this made me feel like something of an Odd Kid Out. As you can imagine, I was most unhappy about it. I quietly blamed my parents for casting me in that role by choosing such an unusual name.

All that changed dramatically for me during a routine trip to the movies. I didn't miss many of the Saturday afternoon cowboy epics in those days, and certainly didn't want to miss this one. It featured Randolph Scott, one of my favorite Western stars, who played a straight-shooting cowboy hero in glorious Technicolor. His character's name turned out to be Owen.

I was absolutely thrilled to hear that name spoken in reference to the manly actor. I was so proud I probably glowed as I left the theater. And I never again felt put upon because of my name, although I didn't encounter another real-life Owen until after I finished college.



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# Country Kitchen



## Want to share recipes?

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We pay \$5 for recipes we publish and present each monthly winner a set of 50 recipe cards featuring a reprint of the published recipe.

For your sweethearts.

## SWIRLED CHOCOLATE CHEESECAKE WITH RED RASPBERRY SAUCE

Submitted by Mrs. Helen Boyd, Arapahoe



### Chocolate-Cookie Crust:

6 tablespoons unsalted butter  
1/4 cup sugar

1 large egg yolk  
1/2 cup unsweetened cocoa powder  
2/3 cup unsifted all-purpose flour

### Filling:

1 package (15-ounce) whole-milk ricotta cheese  
1 pound mascarpone cheese\*  
1 package (3-ounce) cream cheese  
1 1/4 cups sugar  
1/4 cup unsifted all-purpose flour  
1 tablespoon vanilla extract

4 large eggs  
4-ounce bittersweet or semisweet chocolate, melted  
2 tablespoons unsweetened cocoa powder  
1 package (10-ounce) frozen raspberries in light syrup  
Fresh raspberries

**M**ake cheesecake a day before serving. Have ingredients at room temperature. Make crust: Preheat oven to 350 degrees F. Grease 9-1/2 inch springform pan. In bowl, with mixer at high speed, beat butter and sugar until fluffy. Beat in egg yolk. Beat in cocoa and flour. Press crust over bottom of pan. Prick with fork. Bake 18 minutes. Cool. Reduce oven temperature to 325 degrees F. Make filling: In food processor, puree ricotta. Add next five ingredients; puree. Mix in eggs one at a time. (Mixture will look slightly curdled.) Remove 2 cups filling to bowl; add chocolate and cocoa. Mix. Alternately pour plain and chocolate fillings into crust. With knife, swirl. Place on baking sheet. Bake 1 hour. Turn off oven; let cake stand on oven rack 1 hour. Cool; chill overnight. Next day, make sauce: In blender, puree thawed raspberries and their syrup; sieve to remove seeds. Remove pan sides from cheesecake; place cake on serving dish. Serve with sauce. Garnish with fresh raspberries. (Makes 16 servings.)

\*Mascarpone is a soft, unripened, spreadable double-cream cheese, creamy in color, with a mild buttery flavor; packaged in containers. It is very perishable and should be used soon after purchase.

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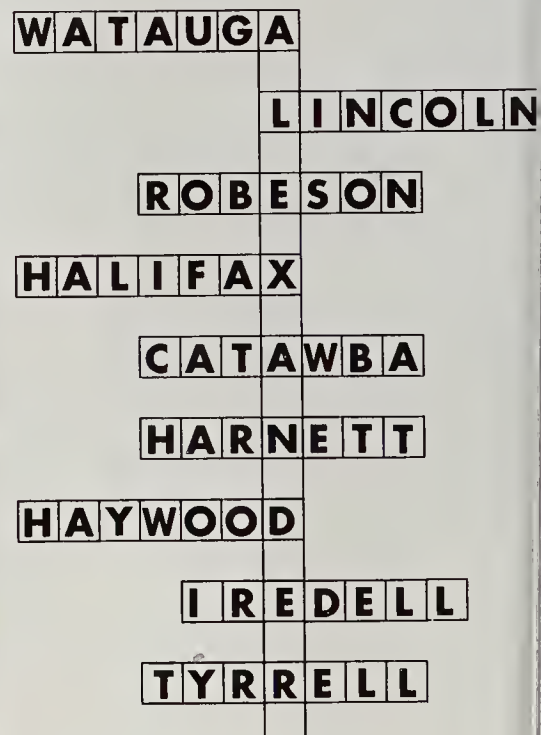
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From page 22

Answers to

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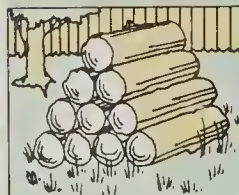
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